



# Malla Reddy Institute of Dental Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi  
Survey No. 138, Suraram Main Road, Quthbullapur, Jeedimetla, Hyderabad -500055, [www.mrlds.edu.in](http://www.mrlds.edu.in)

## CRITERIA -1.3.2

# Value Added Course:

# Yoga Abhyas (DS-VAC-2201)



<b>CONTENTS</b>	
1.	Request letter to Principal/Dean
2.	Circular
3.	Brochure
4.	Schedule
5.	Syllabus
6.	Event report
7.	Attendance
8.	Certificates
9.	Feedback analysis



*Narain*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences

Date: 17.06.2022

Hyderabad

To

The Principal/Dean,

Malla Reddy Institute of Dental Sciences,

Suraram.

Sub: Request to conduct "Yoga Abhyas" event.

Respected Sir,

On International Yoga Day on 21<sup>st</sup> June, we would like to organize "YOGA ABHYAS" event, for I BDS & II BDS students, to promote physical and mental health. Mr Gurudeep – a Certified Yoga Instructor from Vivekananda Institute of Human Excellence, will conduct the Yoga session. The event is for five days from 21<sup>st</sup> – 25<sup>th</sup> June 2022 between 9.00 AM and 12.00PM.

We request you to grant permission for the event and provide the necessary support

Thanking you.

Yours sincerely,



A handwritten signature in black ink, appearing to be "N. S. S.", with a horizontal line extending to the right.

Coordinator

Principal / Dean  
Malla Reddy Institute of Dental Science.

Ref:MRIDS/Circulars/VAC/2022/Jun-01

Date: 18.06.2022

Hyderabad

**CIRCULAR**

On the occasion of International Yoga Day, "YOGA ABHYAS" week will be observed in Malla Reddy Institute of Dental Sciences from 21<sup>st</sup> – 25<sup>th</sup> June 2022. I BDS & II BDS students can register for the event. Participants should carry their own yoga mat. Students have to register with the program Coordinator Dr. Saritha Madham.

Resource person: Mr Gurudeep – Certified Yoga Instructor from Vivekananda Institute of Human Excellence

Venue: Exam hall, 5<sup>th</sup> floor, MRIDS


Date: 21<sup>st</sup> – 25<sup>th</sup> June 2022

Time: 9.00 AM – 12.00 PM

Copy to:

1. Circulation in student's classroom
2. All HoDs
3. Notice board
4. PA to Principal for filing



  
**PRINCIPAL / DEAN**  
Malla Reddy Institute of Dental Sciences  
Principal / Dean  
Malla Reddy Institute of Dental Sciences



BROCHURE



**MALLA REDDY**  
INSTITUTE OF DENTAL SCIENCES

# YOGA ABHYAS

## Course objectives

- Yoga asanas
- Pranayama breathing
- Meditation

*MR. GURUDEEP*

*21-25 June 2022*

*Exam hall, MRIDS*



*Narain.*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences

**“YOGA ABHYAS”**  
**COURSE DURATION: 15 hours**

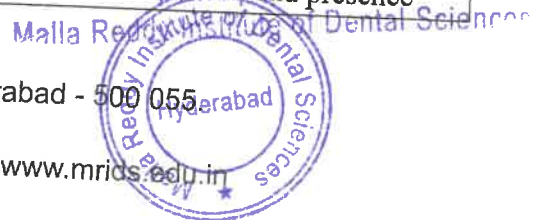
**PROGRAMME SCHEDULE**

Day	Time	Activity
21.06.2022	09.00 AM – 12.00 PM	<ul style="list-style-type: none"><li>- History and philosophy of Yoga</li><li>- Patanjali's Yoga Sutras</li><li>- Breath awareness and mindfulness in Yoga practice</li><li>- - Basic Yoga etiquette and principles of safe practice</li></ul>
22.06.2022	09.00 AM – 12.00 PM	<ul style="list-style-type: none"><li>- Guided practice of foundational yoga asanas (postures) focusing on alignment and form</li><li>- Understanding the biomechanics of key asanas such as Tadasana (Mountain Pose), Adho Mukha Svanasana (Downward-Facing Dog), and Bhujangasana (Cobra Pose)</li><li>- Modifications and variations to accommodate individual needs and abilities</li><li>- Concept of Vinyasa flow</li></ul>
23.06.2022	09.00 AM – 12.00 PM	<ul style="list-style-type: none"><li>- Exploration of pranayama (breath control) techniques to enhance energy, focus, and relaxation</li><li>- Practice of Kapalabhati (Skull Shining Breath), Anulom Vilom (Alternate Nostril Breathing), and Bhramari (Bee Breath)</li><li>- Introduction to meditation techniques including mindfulness meditation and loving-kindness meditation</li><li>- Cultivating inner stillness and presence</li></ul>

Suraram 'X' Roads, Quthbullapur, Hyderabad - 500 055

Phone : 7997555544

Email: [mrlds.2012@gmail.com](mailto:mrlds.2012@gmail.com) Website : [www.mrlds.edu.in](http://www.mrlds.edu.in)



		through guided meditation sessions
24.06.2022	09.00 AM – 12.00 PM	<ul style="list-style-type: none"> <li>- Deepening the understanding of advanced asanas such as inversions, backbends, and balances</li> <li>- Exploring the philosophical concepts of Dharma (duty) and Karma (action) in relation to yoga practice and daily life</li> </ul>
25.06.2022	09.00 AM – 12.00 PM	<ul style="list-style-type: none"> <li>- Integration of yoga principles into daily life including diet, self-care, and relationships</li> <li>- Creating a personal yoga practice plan for continued growth and development</li> </ul>

*H. S.*

**Coordinator**



*Manave*

**Principal / Dean**  
Malla Reddy Institute of Dental Sciences

## “YOGA ABHYAS”

### COURSE SYLLABUS

#### **COURSE DESCRIPTION:**

Yoga Abhyas is an introductory course in Yoga for beginners. It includes basic asanas, breathing & meditation techniques that will help the participants gain strength, flexibility and awareness. This course is like a foundation for more advanced Yoga practices.

#### **COURSE OBJECTIVES:**

##### General objective:

- To promote awareness of the benefits of Yoga

##### Specific objectives:

- To be able to do basic yoga asanas
- To be able to do various pranayama breathing
- To be able learn simple meditation technique

#### **COURSE TOPICS:**

##### **Day 1: Introduction to Yoga Philosophy and Basics**

- Overview of the history and philosophy of yoga
- Introduction to the eight limbs of yoga according to Patanjali's Yoga Sutras
- Understanding the importance of breath awareness and mindfulness in yoga practice
- Basic yoga etiquette and principles of safe practice

##### **Day 2: Asana Practice: Foundations and Alignment**

- Guided practice of foundational yoga asanas (postures) focusing on alignment and form
- Understanding the biomechanics of key asanas such as Tadasana (Mountain Pose), Adho Mukha Svanasana (Downward-Facing Dog), and Bhujangasana (Cobra Pose)
- Modifications and variations to accommodate individual needs and abilities
- Introduction to the concept of Vinyasa flow and linking breath with movement

##### **Day 3: Pranayama and Meditation Techniques**

- Exploration of pranayama (breath control) techniques to enhance energy, focus, and relaxation
- Practice of Kapalabhati (Skull Shining Breath), Anulom Vilom (Alternate Nostril Breathing), and Bhramari (Bee Breath)



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*Namane*  
Principal / Dean

Malla Reddy Institute of Dental Sciences

- Introduction to meditation techniques including mindfulness meditation and loving-kindness meditation
- Cultivating inner stillness and presence through guided meditation sessions

**Day 4: Deepening Asana Practice and Yoga Philosophy**

- Deepening the understanding of advanced asanas such as inversions, backbends, and balances
- Exploring the philosophical concepts of Dharma (duty) and Karma (action) in relation to yoga practice and daily life
- Incorporating yoga philosophy into asana practice through intention setting and visualization
- Group discussions and reflection on the transformative power of yoga in personal growth and self-awareness

**Day 5: Yoga Integration and Lifestyle Practices**

- Integration of yoga principles into daily life including diet, self-care, and relationships
- Exploring Ayurveda and its connection to yoga for holistic health and wellness
- Creating a personal yoga practice plan for continued growth and development
- Celebration and closing ceremony to honour the journey and community created during the program

**COURSE FORMAT:**

- Lecture
- Demonstration and practice

**COURSE OUTCOME:**

Participants will engage in a balanced blend of physical practice, theoretical learning, and experiential activities to deepen their understanding and experience of yoga as a holistic system for well-being and self-discovery.



*M. Lakshmi*

Coordinator

*Naravare*

Principal / Dean

Malla Reddy Institute of Dental Sciences

**REPORT OF THE EVENT**

27.06.2022

Hyderabad

**INTRODUCTION:**

Yoga is an ancient spiritual practice rooted in Indian philosophy. It is a set of tools for self-transformation. Yoga has become popular for promoting health and well-being. It usually involves certain physical postures (asanas), breathing techniques (pranayama), and meditation (dyana). Recognizing its universal appeal, the United Nations proclaimed 21<sup>st</sup> June as the International Day of Yoga.

**RESOURCE PERSON:**

**MR. GURUDEEP:** Certified Yoga Instructor from Vivekananda Institute of Human Excellence, Hyderabad

**VENUE:** Exam Hall, Fifth Floor, Malla Reddy Institute of Dental Sciences

**DURATION:** 15 hours

**TIME:** 9.00 AM to 12.00 PM

**DATE:** 21<sup>st</sup> – 25<sup>th</sup> June 2022

**NUMBER OF PARTICIPANTS:** 201 students from I BDS & II BDS

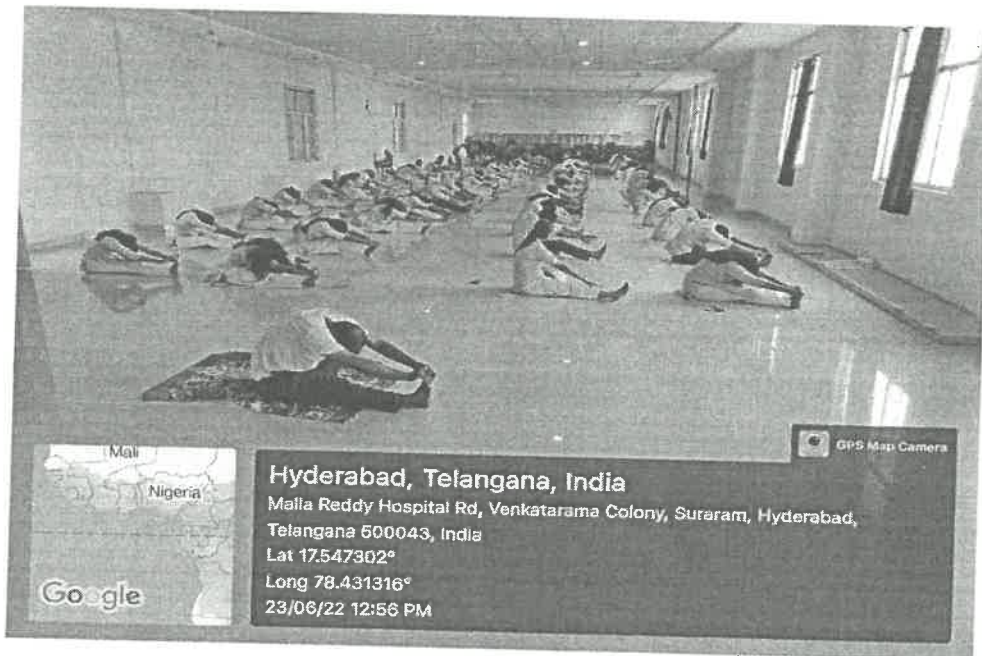
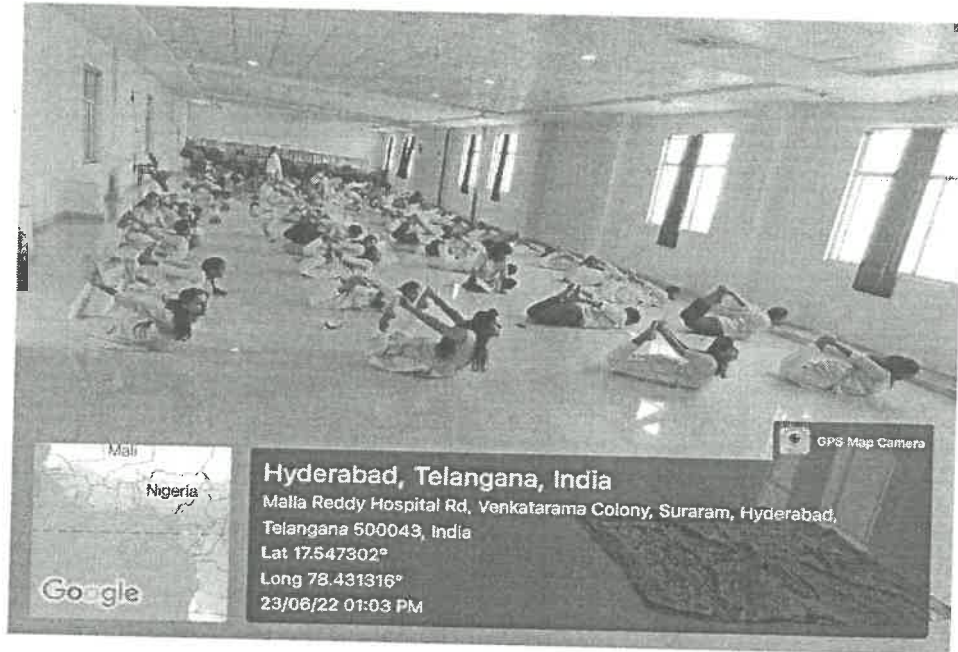


M. R. S.  
Coordinator

Principal / Dean  
Malla Reddy Institute of Dental Sciences



## GLIMPSE OF THE COURSE



*Kanare*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences



<b>YOGA ABHYAS</b>	
<b>Course Code:</b> DS-VAC-2201	<b>Year :</b> I & II BDS
<b>DATE:</b> 21 <sup>st</sup> - 25 <sup>th</sup> Jun 2022	<b>Total students completed:</b> 172
<b>Venue:</b> Exam Hall, Fifth Floor, Malla Reddy Institute of Dental Sciences	
<b>Time:</b> 9.00 AM – 12.00 PM	

**Details of Students successfully completed Value added Course: Yoga Abhyas**

S.No	Name of the Student	Hall Ticket No.	Successfully completed
1.	AAKIFAH MUJEEB ABDUR RAHMAN	2202109001	Yes
2.	AKARSHA BEERLA	2202109002	Yes
3.	ANAPARTHI DEEKSHITHA	2202109003	Yes
4.	ARSHIA SIDDIQUA	2202109004	Yes
5.	B RITIKA	2202109005	No
6.	B V DEEKSHA	2202109006	Yes
7.	BAGUMPURKER PRIYANKA	2202109007	Yes
8.	BALYALA PAVITHRA	2202109008	Yes
9.	BANAVATU SRI LAKSHMI	2202109009	Yes
10.	BANDA PRUTHVIRAJU	2202109010	Yes
11.	BATTAPARTHI SIRI	2202109011	Yes
12.	BHOGARAJU SRAVANI	2202109012	Yes
13.	BONTHALA BHAVYA	2202109013	Yes
14.	C NIKHIL LOKESH YADAV	2202109014	Yes
15.	CHANDAWAD HARSHITHA	2202109015	Yes
16.	CHINNOLLA SRUJANA	2202109016	No
17.	CHINTAPATLA RISHITA	2202109017	Yes
18.	G DAISY RACHEL	2202109018	Yes
19.	GADE KOUSHIK REDDY	2202109019	Yes
20.	GHALLY VENKATA SANNIHITHA	2202109020	No
21.	GHULAM MOHAMMED SUFIYAN SHAREEF	2202109021	Yes
22.	GOVINDULA POOJITHA	2202109022	Yes
23.	GULLAPELLI GAYATHRI	2202109023	Yes
24.	HARIPRIYA PABBU	2202109024	Yes
25.	HUDA NOUSHEEN	2202109025	No
26.	IFSHA MUBEEN	2202109026	No
27.	INAMPUDI VIJAYDEEP	2202109027	Yes
28.	IRAJ FATIMA SYED ALTAF ALI	2202109028	Yes
29.	JAMALPURAM CHETAN	2202109029	Yes



*Manana*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences



# MALLA REDDY INSTITUTE OF DENTAL SCIENCES

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Recognized by Dental Council of India, New Delhi, Ministry of Health & Family Welfare Govt. of India  
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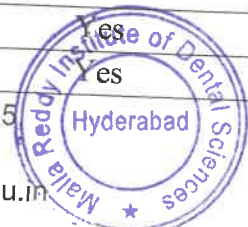
30.	JILLAPALLY NIKHIL TEJA	2202109030	Yes
31.	KADIYALA JYOTHI YADAV	2202109031	Yes
32.	KAKKIRENI NAGA BHUMIKA	2202109032	Yes
33.	KALLURI ARAVIND KUMAR	2202109033	No
34.	KASARLA SRINIDHI	2202109034	Yes
35.	KINNERA SANDEEP	2202109035	Yes
36.	KONERU VENKATA AKASH	2202109036	Yes
37.	LAKSHMI MADHURI GOPU	2202109037	Yes
38.	MACHERLA AMSHASRI	2202109038	Yes
39.	MADDILA SAI VANDANA	2202109039	Yes
40.	MADGANI SHARIKA	2202109040	Yes
41.	MADGULA PRAPTHI	2202109041	Yes
42.	MARIAM ZAHEER	2202109042	Yes
43.	MATHARI BLESSY SHARON	2202109043	No
44.	MOHAMMED ZIYA NOORIN	2202109045	No
45.	MOHAMMED MAHMOOD HUSSAIN	2202109044	Yes
46.	MOHAMMED ZOHAIR AHMED	2202109046	Yes
47.	MUDAVATH MANJULA	2202109047	Yes
48.	MUDUNDI ABHISHEK VARMA	2202109048	Yes
49.	MUNAVATH ABHIMANYU NAIK	2202109049	Yes
50.	N L JHANVI	2202109050	No
51.	NADA NAZEER AHMED	2202109051	Yes
52.	NADIMPALLY SAI HARSHITHA	2202109052	Yes
53.	NAGULAPALLY CRYSTAL PRISCILLA	2202109053	Yes
54.	NUNE JHANSI LAXMI THARA	2202109054	Yes
55.	P S LAYASREE	2202109055	No
56.	P V S ADITI PHANI SRI	2202109056	Yes
57.	PADIGELA PRANAY KUMAR	2202109057	Yes
58.	PALAGUMMI DEEPTHI SANJANA	2202109058	Yes
59.	PASALA SREYA	2202109059	Yes
60.	PERAPALLI JYOTHIKA	2202109060	Yes
61.	PHANITHA BHOOPALA	2202109061	No
62.	PONNEKANTI MAHITA	2202109062	Yes
63.	POOJA CHOUDHARY	2202109063	Yes
64.	PRAVACHANA CHELLI	2202109064	Yes
65.	PUPPALA MANASA	2202109065	No
66.	RAGAM ADITYA	2202109066	Yes
67.	RANIYA FIRDOUSE	2202109067	Yes
68.	RATHOD MAHENDAR	2202109068	Yes
69.	ROHIT VELLHAL	2202109069	Yes
70.	SAFOORA FATHIMA	2202109070	Yes
71.	SALVA FATIMA	2202109071	Yes

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Phone : 7997555544

Email: mrids.2012@gmail.com Website : www.mrids.edu.in

Principal / Dean  
Malla Reddy Institute of Dental Sciences



72.	SANA FATHIMA	2202109072	Yes
73.	SANA SHAREEF	2202109073	Yes
74.	SANGAIPETA KAVYALAHARI	2202109074	Yes
75.	SANGAM SRIVARSHA	2202109075	Yes
76.	SANIA MAHVEEN	2202109076	No
77.	SARAH BEGUM	2202109077	Yes
78.	SATTU BHANU PRASANNA	2202109078	Yes
79.	SHAIK MOHAMMAD ASIF AKMAL	2202109079	Yes
80.	SHRUTHI JOSHI	2202109080	No
81.	SIVARAJU LAKSHMI MEGHANA	2202109081	Yes
82.	SOBIYA TARANNUM	2202109082	Yes
83.	SUNAINA PUZHAKARA	2202109083	Yes
84.	SURYA TEJA PIDIKITI	2202109084	Yes
85.	SYED QASIM FAARUKH	2202109085	Yes
86.	SYEDA SANIA SAMREEN	2202109086	Yes
87.	SYEDA SHAMAILA	2202109087	Yes
88.	T DEVENDAR KAMAKSHI KIRAN	2202109088	Yes
89.	T NITHIKA REDDY	2202109089	Yes
90.	TANGIRALA SRILAKSHMI KAMAKSHI VYSHNAVI	2202109090	Yes
91.	UMAIMA SEREEN	2202109091	Yes
92.	VADDI SANJANA RATNA	2202109092	Yes
93.	VALLAP BHANU REDDY	2202109093	No
94.	VANGA SAI VINAY	2202109094	Yes
95.	VANGURI VENKATA YAGNAVIKA	2202109095	Yes
96.	VIBUDI VAISHNAVI	2202109096	Yes
97.	WAJAHATH HUSSAIN MATEEN	2202109097	Yes
98.	WASIYA SAMEEN	2202109098	Yes
99.	YAMALA DIVYA SREE	2202109099	Yes
100.	YERRA SRINIDHI	2202109100	Yes
101.	AASHRAY IJJI	2102109002	Yes
102.	BYROJ THARUN	2102109015	Yes
103.	JULAKANTI SIDDHARTH REDDY	2102109034	No
104.	MEKALA YASHWANTH	2102109054	Yes
105.	MOHAMMED AFRIDI	2102109057	Yes
106.	PYDA PAVAN KUMAR	2102109069	Yes
107.	SANJIT KUMAR MATHUR	2102109080	Yes
108.	DEVARASETTY SAI SEETHA	2002109024	Yes
109.	A MANJULA	2102109001	No
110.	ADDEPALLI NAGA SAI SHRIYA	2102109003	Yes
111.	AKANSHA SRIVASTAVA	2102109004	Yes
112.	ANKAM RAJEEVI	2102109005	Yes
113.	ASRA AZIZ FATIMA	2102109006	Yes



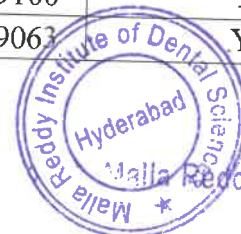
Handwritten signature in green ink: *Kanaka*

Printed text at the bottom right: *Dr. Kanaka*  
Malla Reddy Institute of Dental Sciences





155.	MEKA HANSIKA	2102109053	No
156.	MITTA DEEPTHI	2102109055	No
157.	MOHAMMED ADNAN KHAN	2102109056	Yes
158.	MOLATHATI BHARGAVI	2102109058	Yes
159.	MOSAM NAVA SADVIKA	2102109059	Yes
160.	NARRA VISHNU VARDHAN REDDY	2102109060	Yes
161.	NIDHI RAI	2102109061	Yes
162.	NOUBOTHU SHRAVAN KUMAR	2102109062	Yes
163.	PHAD AMULYA	2102109065	Yes
164.	POLASA BHUMIKA	2102109066	Yes
165.	POTTABATHINI AKSHITHA	2102109067	Yes
166.	PULIMAMIDI UMA PREETHI	2102109068	No
167.	RABIYA BUTOOL	2102109070	Yes
168.	RAGI SHAMBHAVI DEVI	2102109071	No
169.	RANGARAJU ABHIRAM	2102109072	Yes
170.	RAPALLY SHARANYA	2102109073	Yes
171.	RAVURI SAI VISWANATH	2102109074	Yes
172.	RENAMALA SUDHA ROHITH	2102109075	Yes
173.	RUBINA FARHEEN	2102109076	Yes
174.	SAI THANEESHKAR AKKALDEVI	2102109077	Yes
175.	SANDHYA SAMINENI	2102109078	No
176.	SANDIRI GNYATHRI REDDY	2102109079	Yes
177.	SHAIK MAALIK	2102109081	Yes
178.	SHAMPREETHI GUTTIKONDA	2102109082	Yes
179.	SHREYA PATEL	2102109083	Yes
180.	SIMRA MEHREEN	2102109084	Yes
181.	SUSHUMNA AELE	2102109085	No
182.	SYEDA AFRA NAAZ	2102109086	Yes
183.	SYEDA ALWEYA AHMED	2102109087	Yes
184.	SYEDA JUVERIA	2102109088	Yes
185.	SYEDA SOOFIA	2102109089	Yes
186.	SYEDA ZOYA FATIMA	2102109090	Yes
187.	T BANU	2102109091	Yes
188.	TALAT ZEBA	2102109092	Yes
189.	THUMMA DHARANI	2102109093	Yes
190.	THUMU NEHA	2102109094	Yes
191.	VANGALA SUSHITHA	2102109096	Yes
192.	VEJENDLA MANOJ KUMAR	2102109097	Yes
193.	VEMURI MOUNIKA	2102109098	Yes
194.	VODNALA SHRESTA	2102109099	Yes
195.	ZOHA KAONAIN	2102109100	Yes
196.	NAMMINA SIRI MEGHANA	2002109063	Yes



*Kernane*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences

197.	PODALA VENKATA HARTHIK	2002109069	Yes
198.	GUJRATHI JAY	1902109023	Yes
199.	MOHAMMED KHALFAN KHAN	1902109057	Yes
200.	P MEGHANA	1902109070	Yes
201.	MOHAMMED SHAURUDDIN	1702109071	Yes

*M. Le*  
Coordinator

*C. S. Rika*  
Academic Dean

*B. D.*  
Principal/Dean  
Principal / Dean  
Malla Reddy Institute of Dental Sciences



*Kanana*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
Malla Reddy Institute of Dental Sciences

## YOGA ABHYAS

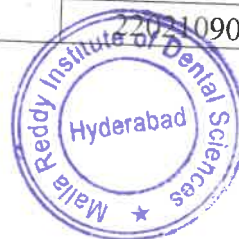
<b>Course Code:</b> DS-VAC-2201	<b>Year :</b> I & II BDS
<b>DATE:</b> 21 <sup>st</sup> - 25 <sup>th</sup> Jun 2022	<b>Total students Registered:</b> 201
<b>Venue:</b> Exam Hall, Fifth Floor, Malla Reddy Institute of Dental Sciences	
<b>Time:</b> 9.00 AM – 12.00 PM	

### Details of Students registered for Value added Course: Yoga Abhyas

S.No.	Name of the Student	Hall Ticket No.	Registered
1.	AAKIFAH MUJEEB ABDUR RAHMAN	2202109001	Yes
2.	AKARSHA BEERLA	2202109002	Yes
3.	ANAPARTHI DEEKSHITHA	2202109003	Yes
4.	ARSHIA SIDDIQUA	2202109004	Yes
5.	B RITIKA	2202109005	Yes
6.	B V DEEKSHA	2202109006	Yes
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9.	BANAVATU SRI LAKSHMI	2202109009	Yes
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21.	GHULAM MOHAMMED SUFIYAN SHAREEF	2202109021	Yes
22.	GOVINDULA POOJITHA	2202109022	Yes
23.	GULLAPPELLI GAYATHRI	2202109023	Yes
24.	HARIPRIYA PABBU	2202109024	Yes
25.	HUDA NOUSHEEN	2202109025	Yes
26.	IFSHA MUBEEN	2202109026	Yes
27.	INAMPUDI VIJAYDEEP	2202109027	Yes
28.	IRAJ FATIMA SYED ALTAF ALI	2202109028	Yes
29.	JAMALPURAM CHETAN	2202109029	Yes

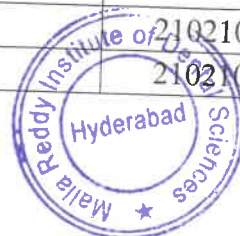


30.	JILLAPALLY NIKHIL TEJA	2202109030	Yes
31.	KADIYALA JYOTHI YADAV	2202109031	Yes
32.	KAKKIRENI NAGA BHUMIKA	2202109032	Yes
33.	KALLURI ARAVIND KUMAR	2202109033	Yes
34.	KASARLA SRINIDHI	2202109034	Yes
35.	KINNERA SANDEEP	2202109035	Yes
36.	KONERU VENKATA AKASH	2202109036	Yes
37.	LAKSHMI MADHURI GOPU	2202109037	Yes
38.	MACHERLA AMSHASRI	2202109038	Yes
39.	MADDILA SAI VANDANA	2202109039	Yes
40.	MADGANI SHARIKA	2202109040	Yes
41.	MADGULA PRAPTHI	2202109041	Yes
42.	MARIAM ZAHEER	2202109042	Yes
43.	MATHARI BLESSY SHARON	2202109043	Yes
44.	MOHAMMED ZIYA NOORIN	2202109045	Yes
45.	MOHAMMED MAHMOOD HUSSAIN	2202109044	Yes
46.	MOHAMMED ZOHAIR AHMED	2202109046	Yes
47.	MUDAVATH MANJULA	2202109047	Yes
48.	MUDUNDI ABHISHEK VARMA	2202109048	Yes
49.	MUNAVATH ABHIMANYU NAIK	2202109049	Yes
50.	N L JHANVI	2202109050	Yes
51.	NADA NAZEER AHMED	2202109051	Yes
52.	NADIMPALLY SAI HARSHITHA	2202109052	Yes
53.	NAGULAPALLY CRYSTAL PRISCILLA	2202109053	Yes
54.	NUNE JHANSI LAXMI THARA	2202109054	Yes
55.	P S LAYASREE	2202109055	Yes
56.	P V S ADITI PHANI SRI	2202109056	Yes
57.	PADIGELA PRANAY KUMAR	2202109057	Yes
58.	PALAGUMMI DEEPTHI SANJANA	2202109058	Yes
59.	PASALA SREYA	2202109059	Yes
60.	PERAPALLI JYOTHIKA	2202109060	Yes
61.	PHANITHA BHOOPALA	2202109061	Yes
62.	PONNEKANTI MAHITA	2202109062	Yes
63.	POOJA CHOUDHARY	2202109063	Yes
64.	PRAVACHANA CHELLI	2202109064	Yes
65.	PUPPALA MANASA	2202109065	Yes
66.	RAGAM ADITYA	2202109066	Yes
67.	RANIYA FIRDOUSE	2202109067	Yes
68.	RATHOD MAHENDAR	2202109068	Yes
69.	ROHIT VELLHAL	2202109069	Yes
70.	SAFOORA FATHIMA	2202109070	Yes
71.	SALVA FATIMA	2202109071	Yes



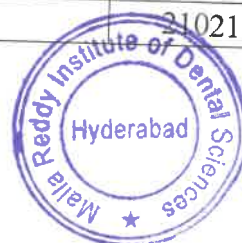
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72.	SANA FATHIMA	2202109072	Yes
73.	SANA SHAREEF	2202109073	Yes
74.	SANGAIPETA KAVYALAHARI	2202109074	Yes
75.	SANGAM SRIVARSHA	2202109075	Yes
76.	SANIA MAHVEEN	2202109076	Yes
77.	SARAH BEGUM	2202109077	Yes
78.	SATTU BHANU PRASANNA	2202109078	Yes
79.	SHAIK MOHAMMAD ASIF AKMAL	2202109079	Yes
80.	SHRUTHI JOSHI	2202109080	Yes
81.	SIVARAJU LAKSHMI MEGHANA	2202109081	Yes
82.	SOBIYA TARANNUM	2202109082	Yes
83.	SUNAINA PUZHAKARA	2202109083	Yes
84.	SURYA TEJA PIDIKITI	2202109084	Yes
85.	SYED QASIM FAARUKH	2202109085	Yes
86.	SYEDA SANIA SAMREEN	2202109086	Yes
87.	SYEDA SHAMAILA	2202109087	Yes
88.	T DEVENDAR KAMAKSHI KIRAN	2202109088	Yes
89.	T NITHIKA REDDY	2202109089	Yes
90.	TANGIRALA SRILAKSHMI KAMAKSHI VYSHNAVI	2202109090	Yes
91.	UMAIMA SEREEN	2202109091	Yes
92.	VADDI SANJANA RATNA	2202109092	Yes
93.	VALLAP BHANU REDDY	2202109093	Yes
94.	VANGA SAI VINAY	2202109094	Yes
95.	VANGURI VENKATA YAGNAVIKA	2202109095	Yes
96.	VIBUDI VAISHNAVI	2202109096	Yes
97.	WAJAHATH HUSSAIN MATEEN	2202109097	Yes
98.	WASIYA SAMEEN	2202109098	Yes
99.	YAMALA DIVYA SREE	2202109099	Yes
100.	YERRA SRINIDHI	2202109100	Yes
101.	AASHRAY IJJI	2102109002	Yes
102.	BYROJ THARUN	2102109015	Yes
103.	JULAKANTI SIDDHARTH REDDY	2102109034	Yes
104.	MEKALA YASHWANTH	2102109054	Yes
105.	MOHAMMED AFRIDI	2102109057	Yes
106.	PYDA PAVAN KUMAR	2102109069	Yes
107.	SANJIT KUMAR MATHUR	2102109080	Yes
108.	DEVARASETTY SAI SEETHA	2002109024	Yes
109.	A MANJULA	2102109001	Yes
110.	ADDEPALLI NAGA SAI SHRIYA	2102109003	Yes
111.	AKANSHA SRIVASTAVA	2102109004	Yes
112.	ANKAM RAJEEVI	2102109005	Yes
113.	ASRA AZIZ FATIMA	2102109006	Yes



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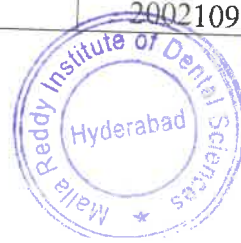
114.	B NAVYA SRI	2102109007	Yes
115.	BADUGULA LAXMI	2102109008	Yes
116.	BANOTH PRAVEEN	2102109009	Yes
117.	BANOTH PRIYANKA	2102109010	Yes
118.	BATHINI ANNA KEERTHANA	2102109011	Yes
119.	BEECHA YAMINI	2102109012	Yes
120.	BHEEMANAPALLY SUMANA	2102109013	Yes
121.	BOINAPALLY MANOJ KUMAR	2102109014	Yes
122.	CHANDU SAI SUPRIYA	2102109016	Yes
123.	CHIMMULA NIVAS REDDY	2102109018	Yes
124.	CHITTANOORI SAI VIDITH	2102109019	Yes
125.	CHOKKA INISHA	2102109020	Yes
126.	DADE SAI HARSHITHA	2102109021	Yes
127.	DANDU SHRAVANI	2102109022	Yes
128.	DHANYASI N VYSHNAVI SRINIVASAN	2102109023	Yes
129.	FATHIMA PARVEEN	2102109024	Yes
130.	FATIN RASHID MOHIUDDIN	2102109025	Yes
131.	GANDU VAISHNAVI	2102109026	Yes
132.	GEESA SAMANVITHA	2102109027	Yes
133.	GORANTALA VAISHNAVI	2102109028	Yes
134.	GOSWAMY NIKITHA	2102109029	Yes
135.	GOWRI AMULYA EMMADI	2102109030	Yes
136.	GUMMADIDALA AKHILA	2102109031	Yes
137.	HUSNA ZAIB	2102109032	Yes
138.	JENDA KAVYA GOUD	2102109033	Yes
139.	KAKI VARSHITHA REDDY	2102109035	Yes
140.	KANAPURAM VISHALAKSHI	2102109036	Yes
141.	KARRI SADHWIKA LAKSHMI	2102109037	Yes
142.	KASTHURI SAHITHYA	2102109039	Yes
143.	KATIKITALA SRAVYA	2102109040	Yes
144.	KOLACHALA SHIVANI	2102109041	Yes
145.	KONDAVETI LAKSHMI THANMAYEE	2102109042	Yes
146.	KOTI BHAVYA SREE	2102109043	Yes
147.	KOTI POOJITHA	2102109044	Yes
148.	LAKSHMI DEEPIKA EPPERLA	2102109045	Yes
149.	M DIVYA SHRAVANI	2102109046	Yes
150.	MAHENDRAKAR HARSHITHA	2102109048	Yes
151.	MAHESHUNI NAMRATHA	2102109049	Yes
152.	MALLAVELLI HRISHIKESH	2102109050	Yes
153.	MANSI NANNURU	2102109051	Yes
154.	MARGANA TANVIKA	2102109052	Yes
155.	MEKA HANSIKA	2102109053	Yes



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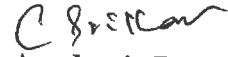
156.	MITTA DEEPTHI	2102109055	Yes
157.	MOHAMMED ADNAN KHAN	2102109056	Yes
158.	MOLATHATI BHARGAVI	2102109058	Yes
159.	MOSAM NAVA SADVIKA	2102109059	Yes
160.	NARRA VISHNU VARDHAN REDDY	2102109060	Yes
161.	NIDHI RAI	2102109061	Yes
162.	NOUBOTHU SHRAVAN KUMAR	2102109062	Yes
163.	PHAD AMULYA	2102109065	Yes
164.	POLASA BHUMIKA	2102109066	Yes
165.	POTTABATHINI AKSHITHA	2102109067	Yes
166.	PULIMAMIDI UMA PREETHI	2102109068	Yes
167.	RABIYA BUTOOL	2102109070	Yes
168.	RAGI SHAMBHAVI DEVI	2102109071	Yes
169.	RANGARAJU ABHIRAM	2102109072	Yes
170.	RAPALLY SHARANYA	2102109073	Yes
171.	RAVURI SAI VISWANATH	2102109074	Yes
172.	RENAMALA SUDHA ROHITH	2102109075	Yes
173.	RUBINA FARHEEN	2102109076	Yes
174.	SAI THANEESHKAR AKKALDEVI	2102109077	Yes
175.	SANDHYA SAMINENI	2102109078	Yes
176.	SANDIRI GNYATHRI REDDY	2102109079	Yes
177.	SHAIK MAALIK	2102109081	Yes
178.	SHAMPREETHI GUTTIKONDA	2102109082	Yes
179.	SHREYA PATEL	2102109083	Yes
180.	SIMRA MEHREEN	2102109084	Yes
181.	SUSHUMNA AELE	2102109085	Yes
182.	SYEDA AFRA NAAZ	2102109086	Yes
183.	SYEDA ALWEYA AHMED	2102109087	Yes
184.	SYEDA JUVERIA	2102109088	Yes
185.	SYEDA SOOFIA	2102109089	Yes
186.	SYEDA ZOYA FATIMA	2102109090	Yes
187.	T BANU	2102109091	Yes
188.	TALAT ZEBA	2102109092	Yes
189.	THUMMA DHARANI	2102109093	Yes
190.	THUMU NEHA	2102109094	Yes
191.	VANGALA SUSHITHA	2102109096	Yes
192.	VEJENDLA MANOJ KUMAR	2102109097	Yes
193.	VEMURI MOUNIKA	2102109098	Yes
194.	VODNALA SHRESTA	2102109099	Yes
195.	ZOHA KAONAIN	2102109100	Yes
196.	NAMMINA SIRI MEGHANA	2002109063	Yes
197.	PODALA VENKATA HARTHIK	2002109069	Yes




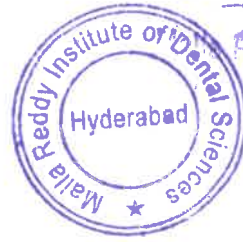
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198.	GUJRATHI JAY	1902109023	Yes
199.	MOHAMMED KHALFAN KHAN	1902109057	Yes
200.	P MEGHANA	1902109070	Yes
201.	MOHAMMED SHAURUDDIN	1702109071	Yes

  
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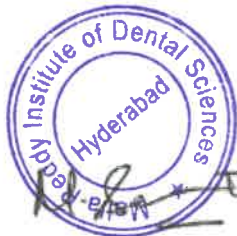
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## Certificate of Completion

This is to certify that Mr./Ms. DEVARASETTY SAI SEETHA of II Year

BDS, bearing roll no: 2002109024 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



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## Certificate of Completion

This is to certify that Mr./Ms. ADDEPALLI NAGA SAI SHRIYA of II Year

BDS, bearing roll no: 2102109003 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
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**Academic Dean**

  
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## Certificate of Completion

This is to certify that Mr./Ms. AKANSHA SRIVASTAVA of II Year

BDS, bearing roll no: 2102109004 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
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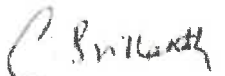
## Certificate of Completion

This is to certify that Mr./Ms. ANKAM RAJEEVI of II Year

BDS, bearing roll no: 2102109005 has successfully completed the Value added Course

— "YOGA Abhyas", conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
**Academic Dean**

  
Principal / Dean  
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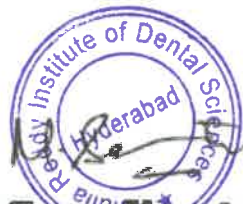
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## Certificate of Completion

This is to certify that Mr./Ms. BANOTH PRAVEEN of II Year

BDS, bearing roll no: 2102109009 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Prithvi*  
**Academic Dean**

*Narasa*

*Narasa*  
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## Certificate of Completion

This is to certify that Mr./Ms. BANOTH PRIYANKA of II Year

BDS, bearing roll no: 2102109010 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
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**Academic Dean**

*[Signature]*  
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## Certificate of Completion

This is to certify that Mr./Ms. BATHINI ANNA KEERTHANA of II Year

BDS, bearing roll no: 2102109011 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
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## Certificate of Completion

This is to certify that Mr./Ms. BEECHA YAMINI of II Year

BDS, bearing roll no: 2102109012 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. S. Srinivasulu Reddy*  
**Coordinator**

*C. Srinivasulu Reddy*  
**Academic Dean**

*M. S. Srinivasulu Reddy*

*M. S. Srinivasulu Reddy*  
**Principal / Dean**  
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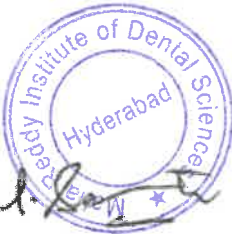
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## Certificate of Completion

This is to certify that Mr./Ms. BHEEMANAPALLY SUMANA of II Year

BDS, bearing roll no: 2102109013 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. S. S.*  
**Coordinator**

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*N. S. S.*  
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## Certificate of Completion

This is to certify that Mr./Ms. BOINAPALLY MANOJ KUMAR of II Year

BDS, bearing roll no: 2102109014 has successfully completed the Value added Course

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*Manasa*

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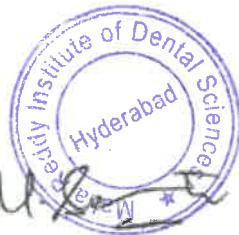
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## Certificate of Completion

This is to certify that Mr./Ms. CHANDU SAI SUPRIYA of II Year

BDS, bearing roll no: 2102109016 has successfully completed the Value added Course

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*M. S. S. S.*  
**Coordinator**

*C. Prithvi*  
**Academic Dean**

*Nawaz*  
Principal / Dean  
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*Nawaz*  
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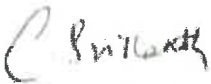
## Certificate of Completion



This is to certify that Mr./Ms. CHITTANOORI SAI VIDITH of II Year

BDS, bearing roll no: 2102109019 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
**Academic Dean**

  
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## Certificate of Completion

This is to certify that Mr./Ms. CHOKKA INISHA of II Year

BDS, bearing roll no: 2102109020 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
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This is to certify that Mr./Ms. DADE SAI HARSHITHA of II Year

BDS, bearing roll no: 2102109021 has successfully completed the Value added Course

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**Coordinator**

*C. Srinanth*  
**Academic Dean**

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*Namini*

*Pr*  
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## Certificate of Completion

This is to certify that Mr./Ms. DANDU SHRAVANI of II Year  
BDS, bearing roll no: 2102109022 has successfully completed the Value added Course  
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**Coordinator**

*C. Prithvika*  
**Academic Dean**

*Lawan*

*Lawan*  
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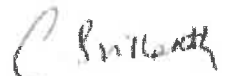
## Certificate of Completion

This is to certify that Mr./Ms. DHANYASI N VYSHNAVI SRINIVASAN of II Year

BDS, bearing roll no: 2102109023 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
**Academic Dean**



  
**Principal/ Dean**

Malla Reddy Institute of Dental Sciences



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## Certificate of Completion

This is to certify that Mr./Ms. FATHIMA PARVEEN of II Year  
BDS, bearing roll no: 2102109024 has successfully completed the Value added Course  
— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
  
**Coordinator**

  
**Academic Dean**

  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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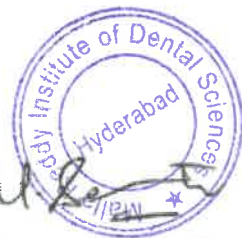
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## Certificate of Completion

This is to certify that Mr./Ms. FATIN RASHID MOHIUDDIN of II Year

BDS, bearing roll no: 2102109025 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

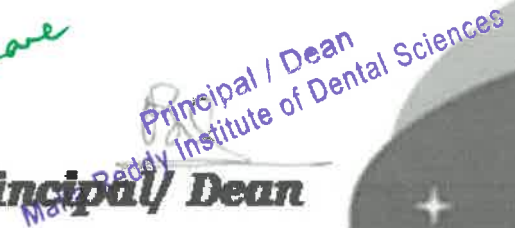


**Coordinator**

  
**Academic Dean**



**Principal/Dean**

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences



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## Certificate of Completion

This is to certify that Mr./Ms. GANDU VAISHNAVI of II Year

BDS, bearing roll no: 2102109026 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

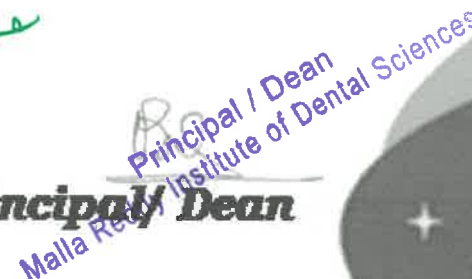


Coordinator

  
Academic Dean



Principal / Dean

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences







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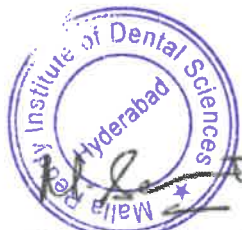
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## Certificate of Completion

This is to certify that Mr./Ms. GORANTALA VAISHNAVI of II Year

BDS, bearing roll no: 2102109028 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

**Principal/ Dean**

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## Certificate of Completion

This is to certify that Mr./Ms. GOSWAMY NIKITHA of II Year

BDS, bearing roll no: 2102109029 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
Coordinator

  
Academic Dean

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
  
Principal/ Dean



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## Certificate of Completion

This is to certify that Mr./Ms. GUMMADIDALA AKHILA of II Year

BDS, bearing roll no: 2102109031 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

  
**Academic Dean**

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
  
**Principal/ Dean**





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## Certificate of Completion

This is to certify that Mr./Ms. HUSNA ZAIB of II Year


BDS, bearing roll no: 2102109032 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

  
**Academic Dean**

  
**Principal/Dean**  
Malla Reddy Institute of Dental Sciences



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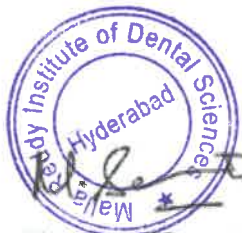
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## Certificate of Completion

This is to certify that Mr./Ms. JENDA KAVYA GOUD of II Year

BDS, bearing roll no: 2102109033 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Prithivthy*  
**Academic Dean**

*N. Anave*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
*DR*  
**Principal/ Dean**



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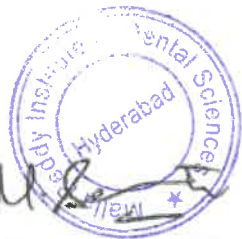
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## Certificate of Completion

This is to certify that Mr./Ms. KAKI VARSHITHA REDDY of II Year

BDS, bearing roll no: 2102109035 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Prithvi*  
**Academic Dean**

*Navaneetha*

Principal / Dean  
Malla Reddy Institute of Dental Sciences  
**Principal/ Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. KANAPURAM VISHALAKSHI of II Year

BDS, bearing roll no: 2102109036 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. S. S.*  
**Coordinator**

*C. S. S.*  
**Academic Dean**

*Ramane*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences





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## Certificate of Completion

This is to certify that Mr./Ms. KARRI SADHWIKA LAKSHMI of II Year  
BDS, bearing roll no: 2102109037 has successfully completed the Value added Course  
— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Prithwathy*  
**Academic Dean**

*Devaraj*

*Devaraj*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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## Certificate of Completion

This is to certify that Mr./Ms. KATIKITALA SRAVYA of II Year

BDS, bearing roll no: 2102109040 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
**Academic Dean**

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences

  
**Principal/ Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. KOLACHALA SHIVANI of II Year

BDS, bearing roll no: 2102109041 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
Coordinator

  
Academic Dean

  
Principal/Dean



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## Certificate of Completion

This is to certify that Mr./Ms. KONDAVETI LAKSHMI THANMAYEE of II Year

BDS, bearing roll no: 2102109042 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
  
**Coordinator**

  
**Academic Dean**

  
  
**Principal/Dean**





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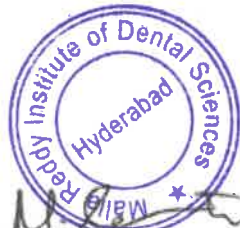
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## Certificate of Completion

This is to certify that Mr./Ms. KOTI BHAVYA SREE of II Year

BDS, bearing roll no: 2102109043 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*[Signature]*  
**Coordinator**

*[Signature]*  
**Academic Dean**

*[Signature]*

*[Signature]*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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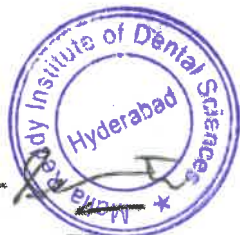
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## Certificate of Completion

This is to certify that Mr./Ms. KOTI POOJITHA of II Year

BDS, bearing roll no: 2102109044 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. Reddy*  
**Coordinator**

*C. Srinivasa*  
**Academic Dean**

*Harvane*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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## Certificate of Completion



This is to certify that Mr./Ms. LAKSHMI DEEPIKA EPPERLA of II Year

BDS, bearing roll no: 2102109045 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
**Coordinator**

  
**Academic Dean**

  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences  
  
**Principal/ Dean**



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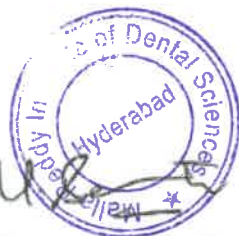
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## Certificate of Completion

This is to certify that Mr./Ms. M DIVYA SHRAVANI of II Year

BDS, bearing roll no: 2102109046 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Srinivas*

**Academic Dean**

*Aravind*

Principal / Dean  
Malla Reddy Institute of Dental Sciences  
**Principal/ Dean**





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## Certificate of Completion

This is to certify that Mr./Ms. MAHENDRAKAR HARSHITHA of II Year

BDS, bearing roll no: 2102109048 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

**Principal / Dean**  
Malla Reddy Institute of Dental Sciences

**Principal/ Dean**



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## Certificate of Completion



This is to certify that Mr./Ms. MAHESHUNI NAMRATHA of II Year

BDS, bearing roll no: 2102109049 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
Coordinator

  
Academic Dean

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
  
Principal/ Dean



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## Certificate of Completion

This is to certify that Mr./Ms. MALLAVELLI HRISHIKESH of II Year

BDS, bearing roll no: 2102109050 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Srinanth*

**Academic Dean**

*Rowan*

Principal / Dean  
Malla Reddy Institute of Dental Sciences

**Principal/ Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. MANSI NANNURU of II Year


BDS, bearing roll no: 2102109051 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
**Academic Dean**



  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences





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## Certificate of Completion

This is to certify that Mr./Ms. MARGANA TANVIKA of II Year

BDS, bearing roll no: 2102109052 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Srinivasa*

**Academic Dean**

*Margana*

Principal / Dean

**Principal/ Dean**

Malla Reddy Institute of Dental Sciences



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## Certificate of Completion

This is to certify that Mr./Ms. MOHAMMED ADNAN KHAN of II Year

BDS, bearing roll no: 2102109056 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Prithvankh*

**Academic Dean**

*Awane*

Principal / Dean  
Malla Reddy Institute of Dental Sciences

**Principal/ Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. MOLATHATI BHARGAVI of II Year

BDS, bearing roll no: 2102109058 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

Principal / Dean  
Malla Reddy Institute of Dental Sciences

**Principal/ Dean**



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## Certificate of Completion


This is to certify that Mr./Ms. MOSAM NAVA SADVIKA of II Year

BDS, bearing roll no: 2102109059 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
**Coordinator**

  
**Academic Dean**

  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences





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## Certificate of Completion

This is to certify that Mr./Ms. NARRA VISHNU VARDHAN REDDY of II Year

BDS, bearing roll no: 2102109060 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
*M. A. ...*  
**Coordinator**

*C. ...*  
**Academic Dean**

*...*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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## Certificate of Completion

This is to certify that Mr./Ms. NIDHI RAI of II Year

BDS, bearing roll no: 2102109061 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. Senthil*  
**Coordinator**

*C. Prithvithi*  
**Academic Dean**

*Verma*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
*Verma*  
**Principal/ Dean**



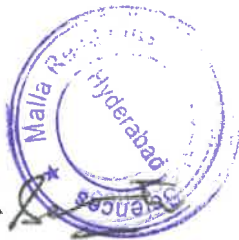
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## Certificate of Completion

This is to certify that Mr./Ms. NOUBOTHU SHRAVAN KUMAR of II Year  
BDS, bearing roll no: 2102109062 has successfully completed the Value added Course  
– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. S. Srinivas*  
**Coordinator**

*C. Srinivas*  
**Academic Dean**

*[Signature]*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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## Certificate of Completion

This is to certify that Mr./Ms. PHAD AMULYA of II Year

BDS, bearing roll no: 2102109065 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Srinivas*

**Academic Dean**

*Naravare*

*Pr*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences





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## Certificate of Completion

This is to certify that Mr./Ms. POLASA BHUMIKA of II Year

BDS, bearing roll no: 2102109066 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*C. Prithvithi*  
**Academic Dean**

*Neeraj*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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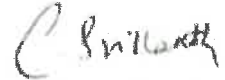
## Certificate of Completion

This is to certify that Mr./Ms. POTTABATHINI AKSHITHA of II Year

BDS, bearing roll no: 2102109067 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
  
**Coordinator**

  
**Academic Dean**

  
  
**Principal / Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. RABIYA BUTOOL of II Year

BDS, bearing roll no: 2102109070 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
  
**Coordinator**

  
**Academic Dean**

  
  
**Principal/Dean**

Principal/Dean  
Malla Reddy Institute of Dental Sciences



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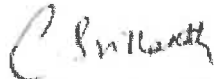
## Certificate of Completion

This is to certify that Mr./Ms. RANGARAJU ABHIRAM of II Year

BDS, bearing roll no: 2102109072 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
**Coordinator**

  
**Academic Dean**

  
  
**Principal/Dean**  
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## Certificate of Completion

This is to certify that Mr./Ms. RAPALLY SHARANYA of II Year

BDS, bearing roll no: 2102109073 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*C. Sivakanth*  
**Academic Dean**

*Sharanya*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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## Certificate of Completion


This is to certify that Mr./Ms. RAVURI SAI VISWANATH of II Year

BDS, bearing roll no: 2102109074 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
Coordinator

  
Academic Dean

  
Principal/Dean



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## Certificate of Completion

This is to certify that Mr./Ms. RENAMALA SUDHA ROHITH of II Year

BDS, bearing roll no: 2102109075 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*[Signature]*  
**Coordinator**

*[Signature]*  
**Academic Dean**

*[Signature]*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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## Certificate of Completion

This is to certify that Mr./Ms. RUBINA FARHEEN of II Year

BDS, bearing roll no: 2102109076 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*C. Prithvith*  
**Academic Dean**

*Nawane*  
**Principal / Dean**  
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## Certificate of Completion

This is to certify that Mr./Ms. SAI THANEESHKAR AKKALDEVI of II Year

BDS, bearing roll no: 2102109077 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*C. Srinivasa*  
**Academic Dean**

*Nawaz*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



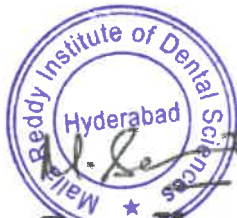
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## Certificate of Completion

This is to certify that Mr./Ms. SANDIRI GNYATHRI REDDY of II Year  
BDS, bearing roll no: 2102109079 has successfully completed the Value added Course  
— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

Principal / Dean  
Malla Reddy Institute of Dental Sciences  
**Principal/ Dean**



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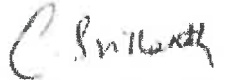
## Certificate of Completion


This is to certify that Mr./Ms. SHAIK MAALIK of II Year

BDS, bearing roll no: 2102109081 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
  
**Coordinator**

  
**Academic Dean**

  
**Principal / Dean**  
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## Certificate of Completion



This is to certify that Mr./Ms. SHAMPREETHI GUTTIKONDA of II Year

BDS, bearing roll no: 2102109082 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
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Principal / Dean  
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## Certificate of Completion

This is to certify that Mr./Ms. SHREYA PATEL of II Year

BDS, bearing roll no: 2102109083 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



  
**Academic Dean**

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
**Principal/ Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. SIMRA MEHREEN of II Year

BDS, bearing roll no: 2102109084 has successfully completed the Value added Course

— "YOGA Abhyas", conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*C. Prithvi*  
**Academic Dean**

*M. Anwar*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences



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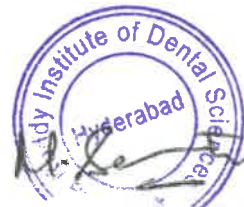
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## Certificate of Completion

This is to certify that Mr./Ms. SYEDA AFRA NAAZ of II Year

BDS, bearing roll no: 2102109086 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

**Principal/ Dean**



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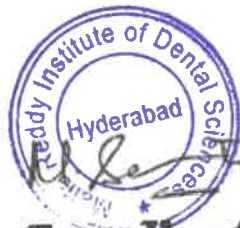
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## Certificate of Completion

This is to certify that Mr./Ms. SYEDA ALWEYA AHMED of II Year


BDS, bearing roll no: 2102109087 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

  
**Academic Dean**

  
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## Certificate of Completion

This is to certify that Mr./Ms. SYEDA JUVERIA of II Year  
BDS, bearing roll no: 2102109088 has successfully completed the Value added Course  
—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
**Coordinator**

  
**Academic Dean**

  
**Principal / Dean**  
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## Certificate of Completion

This is to certify that Mr./Ms. SYEDA SOOFIA of II Year

BDS, bearing roll no: 2102109089 has successfully completed the Value added Course

– “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



Coordinator

*C. Prithvithy*  
Academic Dean

*Navaneetha*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
Principal/ Dean



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## Certificate of Completion

This is to certify that Mr./Ms. SYEDA ZOYA FATIMA of II Year

BDS, bearing roll no: 2102109090 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

Principal / Dean  
Malla Reddy Institute of Dental Sciences

**Principal/ Dean**



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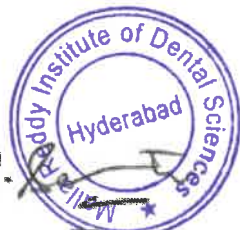
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## Certificate of Completion

This is to certify that Mr./Ms. T BANU of II Year

BDS, bearing roll no: 2102109091 has successfully completed the Value added Course

— "YOGA Abhyas", conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. Srinivas*  
**Coordinator**

*C. Srinivas*  
**Academic Dean**

*Srinivas*  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences  
**Principal/ Dean**





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## Certificate of Completion

This is to certify that Mr./Ms. TALAT ZEBA of II Year

BDS, bearing roll no: 2102109092 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*C. Prithvi*  
**Academic Dean**

*M. S. S. S.*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
**Principal/ Dean**



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## Certificate of Completion


This is to certify that Mr./Ms. THUMMA DHARANI of II Year

BDS, bearing roll no: 2102109093 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
Coordinator

  
Academic Dean

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
Principal/ Dean



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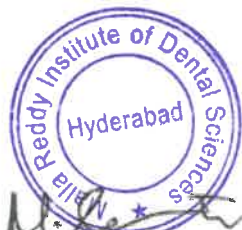
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## Certificate of Completion

This is to certify that Mr./Ms. THUMU NEHA of II Year

BDS, bearing roll no: 2102109094 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. S. S. S.*

**Coordinator**

*C. Smitha*

**Academic Dean**

*Swase*

Principal / Dean  
Malla Reddy Institute of Dental Sciences

**Principal/ Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. VANGALA SUSHITHA of II Year

BDS, bearing roll no: 2102109096 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
**Coordinator**

  
**Academic Dean**

  
**Principal / Dean**  
Malla Reddy Institute of Dental Sciences





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## Certificate of Completion

This is to certify that Mr./Ms. VEJENDLA MANOJ KUMAR of II Year

BDS, bearing roll no: 2102109097 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

Principal / Dean  
Malla Reddy Institute of Dental Sciences

**Principal/ Dean**





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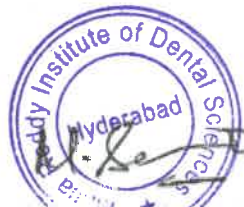
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## Certificate of Completion

This is to certify that Mr./Ms. VODNALA SHRESTA of II Year

BDS, bearing roll no: 2102109099 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C. Prilanthi*

**Academic Dean**

*Praveen*

Principal / Dean

Malla Reddy Institute of Dental Sciences  
**Principal/ Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. ZOHA KAONAIN of II Year

BDS, bearing roll no: 2102109100 has successfully completed the Value added Course

— "YOGA Abhyas", conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. Senthil*  
**Coordinator**

*C. Brilliant*  
**Academic Dean**

*Genave*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
*RL*  
**Principal/ Dean**





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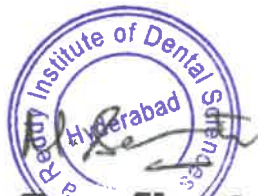
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## Certificate of Completion

This is to certify that Mr./Ms. NAMMINA SIRI MEGHANA of II Year

BDS, bearing roll no: 2002109063 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

**Academic Dean**

**Principal/Dean**  
Malla Reddy Institute of Dental Sciences





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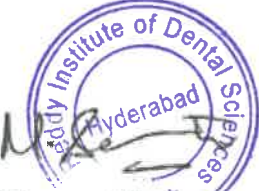
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## Certificate of Completion

This is to certify that Mr./Ms. GUJRATHI JAY of II Year

BDS, bearing roll no: 1902109023 has successfully completed the Value added Course

— “YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
**Coordinator**

  
**Academic Dean**

  
**Principal/Dean**  
Malla Reddy Institute of Dental Sciences



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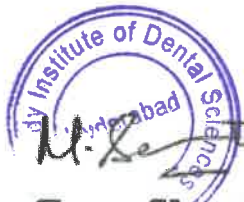
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## Certificate of Completion

This is to certify that Mr./Ms. MOHAMMED KHALFAN KHAN of II Year

BDS, bearing roll no: 1902109057 has successfully completed the Value added Course

— "YOGA Abhyas", conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



**Coordinator**

*C Pillayath*

**Academic Dean**

*Rao*

Principal / Dean

**Principal / Dean**

Malla Reddy Institute of Dental Sciences





# Malla Reddy Institute of Dental Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi  
Survey No. 138, Suraram Main Road, Quthbullapur, Jeedimetla, Hyderabad -500055, www.mids.edu.in

## Certificate of Completion

This is to certify that Mr./Ms. P MEGHANA of II Year

BDS, bearing roll no: 1902109070 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.

  
**Coordinator**

  
**Academic Dean**

  
  
**Principal / Dean**



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## Certificate of Completion

This is to certify that Mr./Ms. MOHAMMED SHAURUDDIN of II Year

BDS, bearing roll no: 1702109071 has successfully completed the Value added Course

—“YOGA Abhyas”, conducted in the institute from 21<sup>st</sup> Jun 2022 to 25<sup>th</sup> Jun 2022.



*M. S. S.*  
**Coordinator**

*C. Srinivas*  
**Academic Dean**

*S. Srinivas*  
Principal / Dean  
Malla Reddy Institute of Dental Sciences  
*S. Srinivas*  
**Principal/ Dean**

Feedback analysis of students on Value Added Course							
Academic Year : 2022-2023				Year: II,I BDS			
Name of the VAC: Yoga Abhyas							
Course Code:DS-VAC-2201				Students Registered:		201	
Students feedback on course conducted, on the scale of 1 to 5 for each of the following parameters. (1- strongly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongly Agree)							
Sl. No	Attributes	5	4	3	2	1	Average Score
1	Speaker presented information in a clear and organized manner	107	81	12	1		4.46
2	The course objectives were met	102	74	25	2		4.36
3	Examples of cases were shown to facilitate understanding	101	73	19	8		4.33
4	Speaker included opportunities to learn interactively	89	81	31			4.29
5	Relevancy of the content to professional activities was a reason for you to participate	104	67	24	6		4.34
6	Usefulness of handouts and audiovisual materials	92	87	18	4		4.33
7	The course content met your expectations	89	93	17	2		4.34
8	Given sufficient time to complete the task in workshop	93	81	27			4.33
9	The provided information is Clear and comprehensive	78	103	19	1		4.28
10	The meeting room and facilities were comfortable and adequate	106	85	9	1		4.47

Suggestions: more interactive sessions should have been there

  
Coordinator



  
Principal / Dean  
Malla Reddy Institute of Dental Sciences

  
Principal / Dean  
Malla Reddy Institute of Dental Sciences